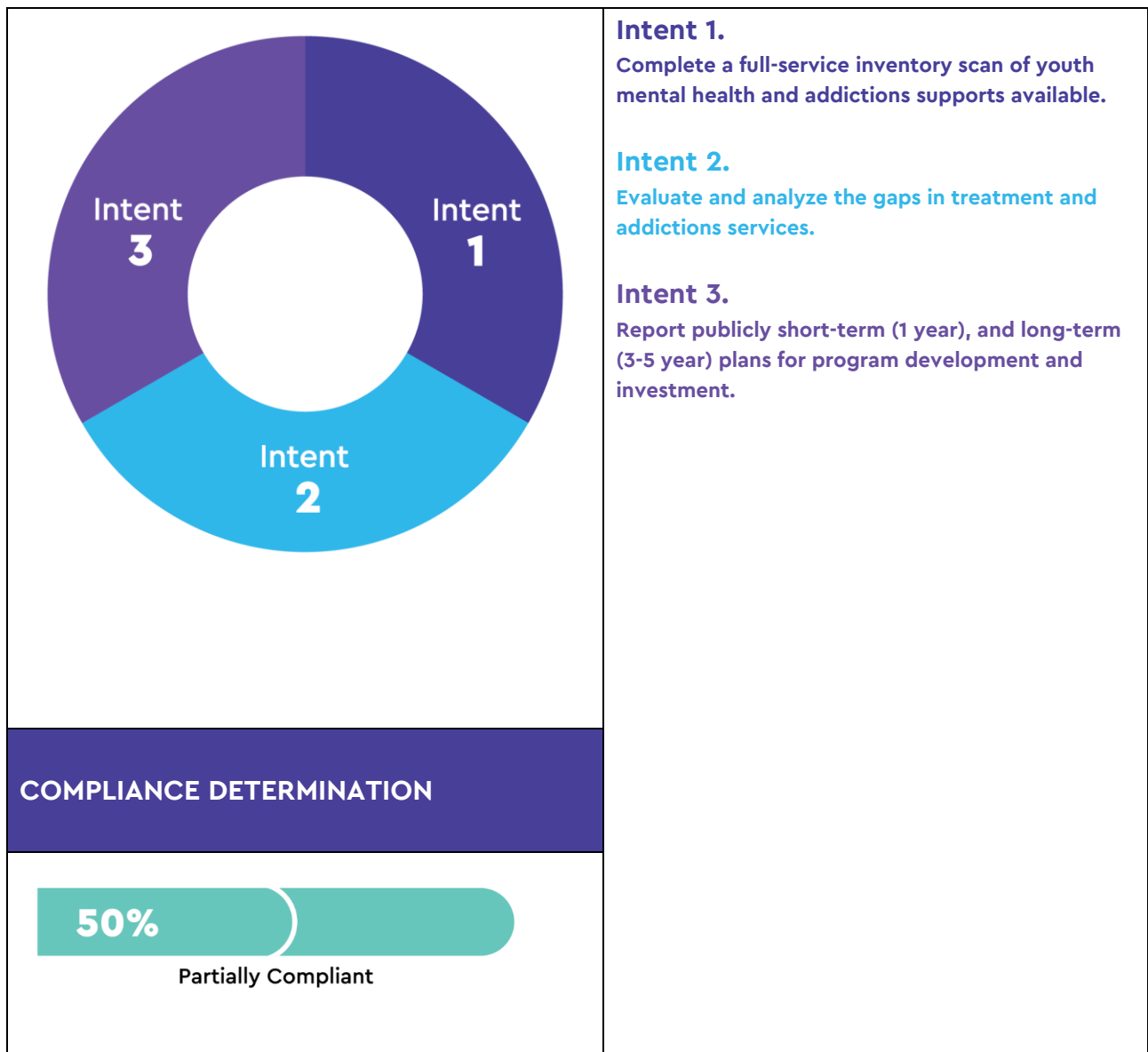


COMPLIANCE DETERMINATION

Suicide Aggregate – Recommendation 1

Recommendation Summary: Conduct a gap analysis of the youth mental health and addictions system.

Primary Public Body: Manitoba Mental Health and Community Wellness



Recommendation Compliance Summary



This form details the assessment of compliance with recommendations made under Section 27 and Section 31 of *The Advocate for Children and Youth Act*. MACY assesses recommendations for compliance once a year but receives updates from the public bodies every six months.

1. Recommendation Information	
Report Name:	"Stop Giving Me a Number and Start Giving Me a Person": How 22 Girls Illuminate the Cracks in the Manitoba Youth Mental Health and Addiction System
Date Released:	5/7/2020
Full Recommendation: (including details)	<p>Recommendation One:</p> <p>The Manitoba Advocate for Children and Youth recommends that the Department of Health, Seniors and Active Living conduct a gap analysis of the youth mental health and addictions system, based on the tiered model proposed in the Virgo Report. The gap analysis ought to speak to the overall transformation framework and strategic plan for child and youth mental health and addictions services. Further, the Manitoba Advocate recommends the gap analysis, framework, and strategic plan is released publicly to Manitobans.</p> <p>OUTCOMES:</p> <ul style="list-style-type: none"> • Conduct a jurisdictional scan to complete a full-service inventory of youth mental health and addictions services and supports available at each of the five tiers, ranging from prevention initiatives to those designed to meet the highest needs. • Conduct a gap analysis using the inventory of services and a needs-based assessment of children and youth in Manitoba, taking into consideration what current services in the inventory can be modified or adapted (i.e., increase capacity, needs modification to enhance functioning, or based on new evidence or evaluation, etc.) to better meet needs of children and youth. • Provide to the public the short-term (1 year) and long-term (3-5 year) vision and strategic plan for program development and investment to guide system enhancement.
Intent(s) of Recommendation:	<ol style="list-style-type: none"> 1. Complete a full-service inventory scan of youth mental health and addictions supports available. 2. Evaluate and analyze the gaps in treatment and addictions services. 3. Report publicly short-term (1 year) and long-term (3-5 year) plans for program development and investment.
Issue:	Mental Health and Addictions

Public Body	Manitoba Mental Health and Community Wellness
Dates of Previous Official Updates from Public Body:	September 6, 2023
	July 21, 2023
	June 30, 2022
	July 13, 2021
2. Compliance Determination	
Partially Compliant 0.50	Actions taken only implement part of the recommendation. Important requirements have been met and the recommendation is acted upon, however, deficiencies remain.
Self-Assessment	Largely Compliant
Previous Compliance Determination	Limitedly Compliant
3. Rationale for Determination <i>(How did you reach this compliance determination)</i>	
Intent 1: Complete a full-service inventory scan of youth mental health and addictions supports available.	
2023	
<ul style="list-style-type: none"> • Mental Health once again reported on the "Stepped Care" project, the first phase of which was completed in May 2022 and included: (1) developing a comprehensive service inventory of all mental health and addiction services available in the province; and (2) outlining the most common services used by adults and youth provincially, and in each regional health authority, with special consideration given to children-, youth-, and First Nations-focused services. • A plan is reportedly being developed to use this information to ensure Manitobans have improved access to services and can more easily navigate the system. The final report and results will be externally released once a comprehensive validation process is complete. • Mental Health explained that they were unable to share any preliminary results or summary of findings from this report at this time, precluding an assessment of this intent. 	
2022	
<ul style="list-style-type: none"> • Manitoba Mental Health reported that (under contract with Stepped Care Solutions) an inventory of provincial and regional models of mental health, substance use, and addictions services outlining the gaps and redundancies was produced. • Appendix C was shared with MACY and it contains the Stepped Care Model for youth and young persons. 	
2021	
<ul style="list-style-type: none"> • Quarterly Needs Based Planning meetings are underway with national leaders 	

regarding the development of a child and youth Needs Based Planning (NBP) framework. An external stakeholder cautioned against an individual provincial approach to developing provincial frameworks as there are risks to doing this work in isolation. It was further advised that developing benchmarks that are consistent on a national level is recommended.

Intent 2: Evaluate and analyze the gaps in treatment and addiction services.

2023

- Mental Health again reported on the "Roadmap" that is meant to represent a framework for all Manitobans, including children and youth, and which was based on broad consultations across the province.
- Mental Health reported that the "Enhancing Access" project received one-time funding of \$1.5 million in the 2022-23 fiscal year. This project aims to: (1) release a framework and plan for transforming the youth mental health and addictions system through the development and implementation of a youth addiction action strategy ensuring equitable access; (2) direct core service investment for services that have the most complex mental health support needs; and (3) enhance access to mental health, substance use, and addiction services for children and youth in Manitoba (Tiers 3-5).
- Mental Health offered clarification on the different tiers:
 - Tier 1 services are focused on health promotion and prevention and aim to improve the health of the entire population;
 - Tier 2 services are designed and delivered to support individuals with lower mental health and addictions service needs, including self-guided resources;
 - Tier 3 services support individuals with moderate mental health and addictions service needs, and are short-term interventions that can be delivered in community and clinical settings;
 - Tier 4 services support individuals with moderate to severe needs, providing specialized and intensive support, including short-term intensive care; and
 - Tier 5 services support individuals with severe or complex needs and are highly specialized and intensive services, including long-term intensive care.
- Mental Health further clarified that as part of the "Enhancing Access" project, a cross-branch MHCW team continues to hold regular meetings, evaluate enhancements available, and develop a strategy for enhancing access to child and youth services. Due to the election, holds are expected, but preliminary initiatives are expected before the 2024-25 fiscal year.

2022

- Manitoba Mental Health reported that the report produced under the contract with Stepped Care Solutions demonstrates where there are gaps and redundancies in

services, and the evaluation of the report is underway as they "continue validating the information collected."

- Appendix C shared with MACY did not include any gaps, it only listed the supports available across various steps for a youth or young person.

2021

- Mental Health, Wellness and Recovery (MHWR) has begun to track service coverage of core services, according to the NBP model, as outlined in the VIRGO Report gap analysis. As investments are made, gaps outlined in the NBP model and the VIRGO Report are being monitored for progress towards meeting the appropriate level of service coverage. MHWR also uses the model to preliminarily measure the impact investments are having on service coverage.
- Adhering to stakeholder advice and recognizing that work on a national level will take 1-2 years, MHSAL reported it will work together to fill critical gaps identified in the VIRGO report for the purpose of making services more accessible for children and youth, until a national framework is created for child and youth services.

Intent 3: Report publicly short-term (1 year) and long-term (3-5 year) plans for program development and investment.

2023

- Mental Health again reported on the Government of Manitoba's announcement of 54 initiatives, many of which have been focused on children and youth, valued at more than \$66 million, to improve mental health and addictions services since 2019.
- Mental Health listed several initiatives that have been implemented that align with the Roadmap and Stepped Care Report, and provided funding plans for each, as requested:
 - Huddle Manitoba (ongoing funding, with additional one-time expansion funding, led by MHCW)
 - Child and Youth Mental Health Assessment Enhancement at HSC (one-time funding, led by MHCW)
 - PAX Dream Makers (ongoing funding, led by MHCW)
 - CEDVIP (ongoing funding, led by MHCW)
 - StreetReach Winnipeg (annual funding, with additional one-time expansion funding, led by FAM)
 - StreetReach Thompson (annual funding, with additional one-time expansion funding, led by FAM)
 - Land-Based Healing (one-time funding, led by FAM)
 - Eagle Embracing You (one-time funding, led by FAM)
 - School-Based Mental Health and Addictions Support (annual funding, with an additional one-time funded pilot project, led by MHCW and EECL)
- While this provides some useful insight into the sustainability of these initiatives,

more information is required on program development and long-term funding. In addition, this information about program development and funding should be made public.

2022

- No action, evidence, or justification for inaction was reported for this requirement.

2021

- No action, evidence, or justification for inaction was reported for this requirement.

Analysis Summary: This recommendation is closely tied to *Circling Star* recommendation 4, and important steps have been taken over the years towards fulfilling it. Efforts have been made to undertake an inventory of child and youth services, to begin identifying existing gaps, and to provide some information on the short-term funding of relevant programs. Furthermore, the provision of funding for the Enhancing Access project is an important step towards developing an addiction strategy that is youth specific. While significant action is underway, more information and transparency are needed about the gaps identified – ideally in the form of a gap analysis, as per the recommendation – and long-term strategic plans for program development and investment. As a result, this recommendation has been moved up to Partially Compliant.