

# COMPLIANCE DETERMINATION

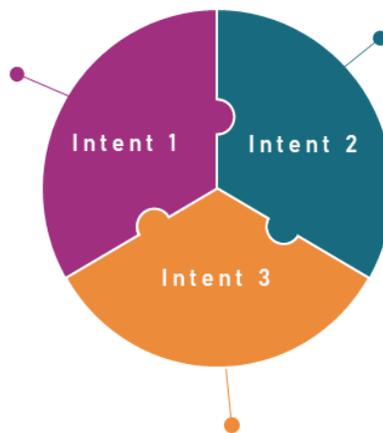
## Suicide Aggregate – Recommendation 6

**Recommendation Summary:** Create mental health focal points outside of Winnipeg.

**Primary Public Body:** Manitoba Mental Health and Community Wellness

**1. Create mental health hubs in RHAs other than WRHA in collaboration with rural and First Nations communities.**

Five new youth hubs have been created. One of these is Indigenous-led. These hubs, however, do not cover all the five RHAs in Manitoba, and not all of these hubs are currently running all of the core services. Work is still underway with partners to secure necessary staff and resources for services in some hubs.



**2. Ensure that each “focal point” has the ability to service children and youth, unless other specialties housed at a larger centre are required.**

The plan is for the hubs to operate in five core service areas, but they are yet to become fully operational.

**3. Develop a provincial plan to initiate scale-up of focal points in each of the five regional health authorities across Manitoba.**

The intent is in progress.

### COMPLIANCE DETERMINATION

0.75

Largely Compliant

## Recommendation Compliance Summary

In accordance with subsection 11(1) clause (d) of *The Advocate for Children and Youth Act* (ACYA), the Advocate retains the responsibility "to monitor the implementation of recommendations included in reports made under section 27 (investigation) or special reports made under section 31."

This form details the assessment of implementation of compliance made under the referenced subsection of the ACYA. MACY assesses implementation of compliance with recommendations once a year but receives updates from public bodies every six months.

| 1. Recommendation Information                      |   |
|--|---|
| <b>Special Report Name:</b>                        | <b>"Stop Giving Me a Number and Start Giving Me a Person": How 22 Girls Illuminate the Cracks in the Manitoba Youth Mental Health and Addiction System</b>  |
| <b>Date Released:</b>                              | 5/7/2020  |
| <b>Full Recommendation:</b><br>(including details) | <p><b>Recommendation Six:</b></p> <p>The Manitoba Advocate for Children and Youth recommends that the Department of Health, Seniors and Active Living, in collaboration with rural and First Nations communities in Manitoba, and the federal government, where applicable, implement recommendation 2.11 of the Virgo Report, as summarized below: In the RHAs other than the WRHA, create mental health hubs (as identified in the Peachey report), with a view to: (a) developing these as integrated regional mental health and substance use/addictions (SUA) "focal points", and (b) harmonizing a core set of regional services and supports to the hospital emergency departments and crisis services including: Screening, assessment, and support for SUA. 24/7 access to psychiatric consultation and acute assessment/treatment services. A core set of professionals in addition to psychiatrists with capacity in SUA support – e.g., clinical psychologists and psychiatric emergency nurses, Cross-trained mental health and addiction liaison workers co-located in hospital emergency departments/other hospital programs. Infrastructure and staffing to ensure safety and security of patients and staff. Links to community mental health and addictions services, including centralized intake (Virgo Planning, 2018; full wording may be found at p. 225).</p> |
| <b>Intent(s) of Recommendation:</b>                | <p>The intents of the recommendation are to:</p> <ol style="list-style-type: none"> <li><b>1. Create mental health hubs in RHAs other than WRHA in collaboration with rural and First Nations communities, that are integrated and harmonized with regional services and emergency and crisis services, staffed by mental health professionals, and link people to community mental health and addiction services including centralized intake.</b></li> <li><b>2. Ensure that each "focal point" has the ability to service children and youth, unless other specialties housed at a larger centre are required.</b></li> <li><b>3. Develop a provincial plan to initiate scale-up of focal points in each of the five regional health authorities across Manitoba.</b></li> </ol>   |
| <b>Issue:</b>                                      | Mental Health and Addictions  |
| <b>Public Body</b>                                 | Manitoba Health and Seniors Care  |
| <b>Dates of Previous</b>                           | June 30, 2022   |

|   |   |
|---|---|
| <b>Official Updates from Public Body:</b>   | July 13, 2021   |
| <b>2. Compliance Determination</b>  |   |
| <b>Largely Compliant 0.75</b>   | The requirements have been met almost entirely and only negligible requirements remain to be implemented. |
| <b>Self-Assessment</b>  | Fully Compliant   |
| <b>Previous Compliance Determination</b>  | Partially Compliant   |
| <b>3. Rationale for Determination</b><br><i>(How did you reach this compliance determination)</i>   |   |
| <p><b>Intent 1: Create mental health hubs in RHAs other than WRHA in collaboration with rural and First Nations communities, that are integrated and harmonized with regional services and emergency and crisis services, staffed by mental health professionals, and link people to community mental health and addiction services including centralized intake.</b></p> <p><b>2022</b></p> <ul style="list-style-type: none"> <li>Manitoba Mental Health reported the opening of five new youth hubs (or Huddles). These hubs are staffed with various services for children and youth and include five core service delivery components: mental health counselling, substance use and addictions treatment and counselling, primary care, peer support, and other social services.</li> <li>One of these is an Indigenous-led youth hub serving the Centennial and Point Douglas neighbourhoods, located at and led by Ka Ni Kanichihk, in Winnipeg.</li> <li>The second is a downtown-based youth hub located in the West Broadway neighbourhood of Winnipeg, led by the Canadian Mental Health Association. Primary partners include the Assembly of Manitoba Chiefs' Eagle Urban Transition Centre, Youth Employment Services, Family Dynamics, and the University of Winnipeg's Community Renewal Corporation.</li> <li>The third is a Westman region youth hub in downtown Brandon, led by the Westman Youth for Christ in partnership with the Brandon Friendship Centre, Career and Employment Youth Services (C.E.Y.S. Brandon), and the Addictions Foundation of Manitoba and supported by Prairie Mountain Health. The hub will continue to establish key partnerships driven by youth input, as well the Centre for Critical Studies of Rural Mental Health at Brandon University will support ongoing youth-centred evaluation of the hub.</li> <li>The fourth is a youth hub created by Peguis First Nation located in downtown Selkirk. It serves Indigenous and non-Indigenous youth from Selkirk, Peguis First Nation, and other Interlake communities. Primary partners include the Interlake-Eastern Regional Health Authority, the Lord Selkirk School Division, the START Program, and the Royal Canadian Mounted Police.</li> <li>The fifth is a youth hub for families in the St. Boniface/St. Vital neighbourhoods in Winnipeg, including francophone, newcomer, and Indigenous youth, led by Youville Clinic. Primary partners include Centre de santé de St. Boniface, Aulneau Renewal Centre, Marymount, Sara Riel, and Teen Stop Jeunesse.</li> <li>Not all of the hubs are currently running all of the core services. Work is still underway with partners to secure necessary staff and resources for some services in some hubs. Until this is done, this intent cannot be said to have been fully met.</li> <li>The hubs work in partnership with various community services such as the Manitoba Adolescent Treatment Centre and the Addictions Foundation of Manitoba.</li> </ul> <p><b>2021</b></p> <ul style="list-style-type: none"> <li>On March 18, 2021, the Manitoba government announced five new youth hub sites had been chosen through a call for proposals process. The original intent was to identify three new sites</li> </ul> |   |

but because of the strength of the proposals received and the high need for this type of model, two additional sites were selected. Both government and private donors contributed additional dollars to these two additional sites. Information on the five sites can be found here: <https://news.gov.mb.ca/news/index.html?item=51010>.

- These hubs will serve to further expand a hub model for integrated youth services (IYS), including mental health and addiction services for youth and young adults. Manitoba's first youth hub providing integrated services was established at NorWest Co-Op Community Health in Winnipeg in 2017. The youth hubs will bring together mental health care, addiction services, primary care, peer support, and other social services in a way that provides access to integrated services for young people and their families in a youth-friendly, 'one-stop-shop' model.
- Of the five current hubs, only two are located outside of Winnipeg, with one in Selkirk and one in Brandon. This leaves the vast majority of children and youth in remote and rural locations without access to a hub and does not meet the criteria to have focal points in each of the five Regional Health Authorities (RHAs).

**Intent 2: Ensure that each “focal point” has the ability to service children and youth, unless other specialties housed at a larger center are required.**

**2022**

- The hubs are planned to operate in five core service areas. Currently, not all the hubs are equipped with the necessary staff and resources to operate as planned.
- More information is needed about plans/timelines to bring these hubs to full functionality.

**2021**

- Shared Health, Inc. was mandated to develop Manitoba's Clinical and Preventive Services Plan (CPSP), the province's first five-year plan. This was created in collaboration with clinical providers and health system leaders to improve the delivery of health care across the province.
- The Integrated Network Model links local, district, intermediate, and provincial hubs and provides common service standards, capabilities and pathways for patients, providers, and health system managers in the province. According to Manitoba Health and Seniors Care (MHSC), the model will reconfigure care to improve the health and well-being of all Manitobans through provincial standards that elevate care and innovative approaches to ensure equitable care delivery. The key to success will be the development of appropriate, sustainable capacity at the local level and standardized pathways that streamline how patients and providers navigate the system. Provincial clinical governance will guide the development and monitoring of standards and pathways. By leading in connected care, MHSAL reported it will optimize a hybrid digital and in-person care experience for everyone. The network model is intended to facilitate the relationship between providers and the flow of patients in the province. It is not intended to create barriers or “gates” in the system. According to MHSAL, it will be used to create transparency and certainty of capabilities. MHSAL provided the following definitions:

**Local Area Hub:** Integrated network for prevention and screening, transitional care, community-based support and rehab, and primary and community care.

**District Health Hub:** Integrated network for low-moderate acuity, variable volume general medicine/surgery interventions/procedures, post acute treatment, and emergency services.

**Intermediate Referral Hub:** Integrated network for moderate acuity/complexity medicine, surgery, critical care, and emergency services.

**Provincial Referral Hub:** Provincial integrated network for high-acuity, highly complex medicine, surgery, critical care, and emergency services.

**Intent 3: Develop a provincial plan to initiate scale-up of focal points in each of the five regional health authorities across Manitoba.**

**2022**

- Manitoba Mental Health reported that a Call for Proposals has been released by United Way Winnipeg, in partnership with the province, for two new Huddle youth hub sites. These hubs, in addition to the five other hubs, would scale-up focal points in the five regional health authorities across Manitoba.

**2021**

- On November 4, 2020, the Manitoba government announced that it would be investing \$1.55 million to expand services, with \$2.65 million in additional funding coming from the philanthropic partners to create new youth hub sites across the province: <https://news.gov.mb.ca/news/print,index.html?item=49574>. The youth hubs will bring together mental health care, addiction services, primary care, peer support and other social services in a way that provides access to integrated services for young people and their families in a youth-friendly, 'one-stop-shop' model.
- This scale up, however, only represents two (Winnipeg and Prairie Mountain Health) of the five RHAs.

**Analysis Summary:** The creation of five youth hubs, the development of the Integrated Network Model, and recent funding announcements demonstrate that considerable steps have been taken towards the implementation of this recommendation. Work is also still underway to ensure that all the hubs function in all five core service areas. As such, this recommendation is largely compliant.