

# COMPLIANCE DETERMINATION

## Suicide Aggregate- Recommendation 2

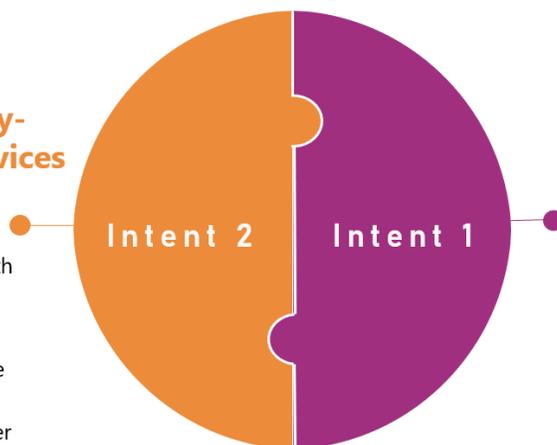
**Recommendation Summary:** Demonstrate equitable access to mental health and addiction systems.

**Primary Public Body:** Manitoba Health and Seniors Care

### 2. Implement culturally-informed and safe services and supports

The second intent of this recommendation is partially met with the expansion of Integrated Youth Services. Further information is required as to how culturally safe services will be integrated into these services.

**Outstanding Action:** Provide further information on how culturally safe services will be integrated into youth hubs.



### 1. Demonstrate a framework and strategic plan for improving mental health and addictions treatment for children and youth in Manitoba, with attention to equitable access in rural and remote communities

While there has been movement in discussing a National Needs-Based Planning framework, there is limited action towards publicly releasing a provincial framework that details a plan for transforming the youth mental health and addictions system.

**Outstanding Action:** Release a provincial framework that details a plan for transforming the youth mental health and addictions system.

## COMPLIANCE DETERMINATION

0.25

Limitedly Compliant

Actions taken only implement a small part of the recommendation. Equitable, culturally-informed access to mental health and addictions services needs to be described in the publicly released framework.

## Recommendation Compliance Summary

This form details the assessment of compliance with recommendations made under Section 27 and Section 31 of *The Advocate for Children and Youth Act*. MACY assesses recommendations for compliance once a year but receives updates from the public bodies every six months.

1. Recommendation Information	
<b>Report Name:</b>	<b>“Stop Giving Me a Number and Start Giving Me a Person”: How 22 Girls Illuminate the Cracks in the Manitoba Youth Mental Health and Addiction System</b>
<b>Date Released:</b>	5/7/2020
<b>Full Recommendation:</b> (including details)	<b>Recommendation Two:</b> The Manitoba Advocate for Children and Youth recommends that the Department of Health, Seniors and Active Living (now Health and Seniors Care) demonstrates its framework and strategic plan for transformation of the youth mental health and addictions systems in Manitoba ensures equitable access to services across all areas of Manitoba, which are tailored to the unique needs of children and youth in our province.
<b>Intent(s) of Recommendation:</b>	The intents of the recommendation are to: <ol style="list-style-type: none"> <li><b>1. Demonstrate a framework and strategic plan for improving mental health and addictions treatment for children and youth in Manitoba, with attention to equitable access in rural and remote communities.</b></li> <li><b>2. Implement culturally-informed and safe services and supports, modified or new, incorporating feedback from important stakeholders, including children, youth, and families, service providers, and Indigenous leadership and Elders, which serve to meet the mental health and addictions needs of children and youth in Manitoba who fall in each of the five tiers.</b></li> </ol>
<b>Issue:</b>	Mental Health and Addictions
<b>Public Body</b>	Manitoba Health and Seniors Care
<b>Dates of Previous Official Updates from Public Body:</b>	July 13, 2021
2. Compliance Determination	
<b>Limitedly Compliant 0.25</b>	Actions taken only implement a small part of the recommendation, requirements are only fulfilled to a limited degree by actions taken, resulting in significant deficiency in implementation.
<b>Self-Assessment</b>	Partially Compliant
<b>Previous Compliance Determination</b>	N/A
3. Rationale for Determination <i>(How did you reach this compliance determination)</i>	
<b>Intent 1: Demonstrate a framework and strategic plan for improving the mental health and addictions treatment for children and youth in Manitoba, with attention to equitable access in rural and remote communities.</b>	

## 2021

- Manitoba Health and Seniors Care (MHSC) reported that discussions and planning are underway with national leaders regarding the development of a child and youth Needs Based Planning (NBP) framework. They further reported that many of the recommendations assigned to MHSAL can be addressed through this process.
- The overall goal of Needs-Based Planning has been to develop a quantitative model that key decision-makers in health planning jurisdictions across Canada can use to estimate the resources required to address the needs for services and supports relating to substance use/mental health problems in their populations.
- MHSC has participated on the NBP Advisory Committee since 2010, and was a pilot site in 2018, with results of the pilot feeding into the gap analysis that informed the VIRGO Report.
- Child and Youth NBP Process/Objectives include understanding the full distribution of need; identifying core services/tiered framework; estimating required level of service; and determining planning requirements.
- In summary, knowing this work will take one to two years, MHSC and other provincial government departments will continue working together to fill critical gaps identified in the VIRGO Report in order to make services more accessible for children and youth until a national framework is created for child and youth services.
- Update provided October 13: activities currently underway include:
  - Developing a needs-based provincial model.
  - Quarterly Needs Based Planning Advisory Committee meetings.
  - Prairie Mountain Health Authority participated as a pilot site, in the development and refinement of the needs-based planning model.
  - The newly created Mental Health, Wellness, and Recovery (MHWR) Department has begun to track service coverage of core services, according to the NBP model, as outlined in the VIRGO Report gap analysis. As investments are made, gaps outlined in the NBP model and the VIRGO Report are being monitored for progress towards meeting the appropriate level of service coverage. MHWR also uses the model to preliminarily measure the impact investments are having on service coverage.
  - MHWR is developing an action plan/roadmap.
  - MHWR is leading an engagement process, including a series of consultations, to inform an integrated, whole-of-government five-year roadmap. This will guide the work of the department, and is aligned with the department's mission to provide access to mental health and addictions support and treatment to improve the life outcomes for Manitobans in their journey through recovery and healing. This will include services and systems for children and youth.
  - MHWR is in the process of hiring a consultant to conduct a system-mapping of mental health and addictions services and systems in Manitoba, which will inform the development of a Stepped-Care model.

**Intent 2: Implement culturally-informed and safe services and supports, modified or new, incorporating feedback from important stakeholders, including children, youth, and families, service providers, and Indigenous leadership and Elders, which serve to meet the mental health and addictions needs of children and youth in Manitoba who fall in each of the five tiers.**

## 2021

- MHSAL reported an Integrated Youth Services (Youth Hubs) expansion, as each Hub is

informed by engagement with youth, families, service providers and community members.

- Youth Hubs provide an accessible one-stop service where youth (aged 12 to 29) and their families can access required supports including primary health care, mental health, and addiction supports, employment training supports, and other social services. Culturally safe services will be an integral part of each Youth Hub. As well, Youth Hubs are designed to meet the needs of youth using a stepped care approach.
- The NorWest Youth Hub in Winnipeg has been expanded, and five additional sites have been identified.

**2021 Analysis Summary:** The first intent of this recommendation is in early stages of implementation. While there has been movement in discussing a National Needs-Based Planning framework, there is limited action towards publicly releasing a provincial framework that details a plan for transforming the youth mental health and addictions system. The second intent of this recommendation is partially met with the expansion of Integrated Youth Services. Further information is required as to how culturally safe services will be integrated into these services. Important considerations include: program descriptions of mental health and addiction programs for children and youth that evidence culturally informed and safe supports; the number and % of provincially funded mental health and addictions treatment programs for children and youth that incorporate culturally-informed and safe values and/or practices; and the number of children, youth, families, service providers, Indigenous leaderships and Elders, that provided feedback on the mental health framework. As such, at this time, the compliance determination for this recommendation is limitedly compliant.