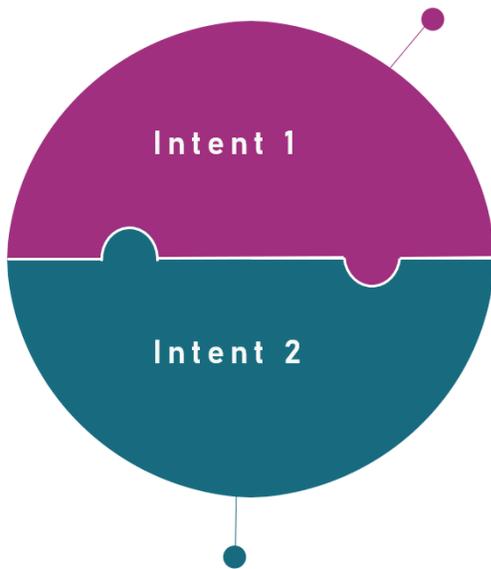


COMPLIANCE DETERMINATION

Matthew- Recommendation 1

Recommendation Summary: Highlight and promote provincial learning objectives focusing on mental health literacy and well-being coping skills.

Primary Public Body: Manitoba Education



1. Highlight and promote the provincial learning objectives that focus on mental health literacy and mental well-being coping skills for all students from Grades K-12

Manitoba Education has multiple groups that focus on mental health promotion in schools, and additionally is committed to funding in-classroom programs that specifically focus on student mental health and well-being.

Actions meet the intent of the recommendation.

2. Manitoba Education and Manitoba school divisions should ensure that training is available to all teachers that will support and facilitate their classroom skills in mental health promotion

Training on the topic of mental health and well-being is readily available to teachers through options such as participating in the ISB Summer Institute. In addition to formal training, school support staff are available to address an individual teacher's needs.

Actions meet the intent of the recommendation.

COMPLIANCE DETERMINATION

1.0

Fully
Compliant

Actions taken fully implement the recommendation. Activities to be sustained beyond the monitoring of this recommendation.

Recommendation Compliance Summary

This form details the assessment of compliance with recommendations made under Section 27 and Section 31 of *The Advocate for Children and Youth Act*. MACY assesses recommendations for compliance once a year but receives updates from the public bodies every six months.

1. Recommendation Information	
Report Name:	The Slow Disappearance of Matthew: A Family’s Fight for Youth Mental Health Care in the Wake of Bullying and Mental Illness
Date Released:	2/27/2020
Full Recommendation: (including details)	Recommendation One: The Manitoba Advocate for Children and Youth recommends that Manitoba Education, in conjunction with Manitoba school divisions, highlight and promote the provincial learning objectives that focus on mental health literacy and mental well-being coping skills for all students from Grades K-12. Secondly, Manitoba Education and Manitoba school divisions should ensure that training is available to all teachers that will support and facilitate their classroom skills in mental health promotion.
Intent(s) of Recommendation:	The intents of the recommendation are to: <ol style="list-style-type: none"> 1. Highlight and promote the provincial learning objectives that focus on mental health literacy and mental well-being coping skills for all students from Grades K-12. 2. Manitoba Education and Manitoba school divisions should ensure that training is available to all teachers that will support and facilitate their classroom skills in mental health promotion.
Issue:	Mental Health and Addictions
Public Body	Manitoba Education
Dates of Previous Official Updates from Public Body:	May 25, 2021
2. Compliance Determination	
Fully Compliant 1.0	Actions taken fully implement the recommendation.
Self-Assessment	Fully Compliant
Previous Compliance Determination	N/A
3. Rationale for Determination <i>(How did you reach this compliance determination)</i>	
Intent 1: Highlight and promote the provincial learning objectives that focus on mental health literacy and mental well-being coping skills for all students from Grades K-12. 2021 <ul style="list-style-type: none"> • Manitoba Education identified a number of working groups that focus on the promotion of mental health initiatives in schools across the province. The first is the Mental Health Networking Group led by the Inclusion Support Branch. This group is run by a Manitoba Education Mental Health Consultant (a psychiatric nurse) and is made up of at least one 	

representative from each school division. The group shares information about mental health resources available to and utilized in schools. This group has met in person, but mostly acts as a distribution list for classroom resources, training opportunities, etc. Another is the Interdepartmental Mental Health and Addictions Working Group which coordinates and supports mental health initiatives providing school-based support.

- The main vehicle for the promotion of mental health in schools is the support of school-based programs focusing on mental wellness. Examples of programs utilized in Manitoba schools include:
 - Canadian Mental Health Association’s Thrival Kits (Grades 4-6 across MB)
 - Enhanced School Based Mental Health & Addition Pilot (three school divisions, Grades 6-12)
 - Kids Help Phone Counsellor in the Classroom (64 classrooms, Grades 6-8)
 - Project 11 (700 teachers trained, Grades K-12)
 - Sources of Strength (23 adult advisors from 14 school divisions)
- Many of these programs had funding expanded in 2020, and Manitoba Education has committed to funding for Sources of Strength and Kids Help Phone to be expanded early in the 2021 school year. The opportunity to provide any of the above-mentioned programming is available to all schools in Manitoba.
- Outside of classroom-based programs, mental health and well-being continues to be an integral part of the Manitoba curriculum for all grade levels. It is the responsibility of the classroom teacher to incorporate the curriculum into their classroom. Teachers are able to request support for covering mental health and wellness topics in the classroom from school support staff such as student service administrators, school psychologists, counsellors, etc.

Intent 2: Manitoba Education and Manitoba school divisions should ensure that training is available to all teachers that will support and facilitate their classroom skills in mental health promotion. 2021

- Manitoba Education identified that, “Training sessions for school counsellors, focused on the role of service coordination across the school to ensure classroom-based implementation of curricular outcomes related to mental health and well-being, are offered on an ongoing basis.” Specifically, Manitoba Education reported 12 different training sessions after the release of this recommendation between June and December 2020 at various venues that focused on mental health and well-being. The largest attendance was reported at the Inclusion Support Branch’s Summer Institute, which held four sessions with 294 teachers, school counsellors, principals, and student services administrators in attendance. The Summer Institute, offered by the Inclusion Support Branch, occurs every year, and regularly contains a session or workshop focused on mental health and well-being.

Analysis Summary: The information provided by Manitoba Education demonstrates that the promotion of mental health and well-being in Manitoba classrooms is operationalized through the continued funding of classroom-based programs, and the ongoing promotion of mental health and well-being topics in training opportunities for teachers and other school staff. There is no information to suggest this operationalization is temporary; rather, it will continue beyond the monitoring of this recommendation. Given that actions reported after the release of the recommendation meet the intents of this recommendation, this recommendation is considered fully compliant.

